

PRESS RELEASE

FOR INTEGRA TELECOM



FOR IMMEDIATE RELEASE

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INTEGRA TELECOM SCHEDULES RELEASE OF 2010 EARNINGS TO DEBTHOLDERS FOR MARCH 24, 2011

PORTLAND, Ore., Mar. 21, 2011 – [Integra Telecom, Inc.](http://www.integratelecom.com), will release its 2010 annual earnings on IntraLinks to holders of its debt, prospective investors, broker-dealers, and securities analysts on Thursday, March 24, 2011. The Company also plans to conduct a quarterly earnings conference call Tuesday, March 29, 2011 at 8:00 a.m. PDT (11:00 a.m. EDT) during which the company will discuss its results. There will be a question-and-answer session following the presentation. Call-in information will be provided on IntraLinks to debt holders at or before the time of posting to IntraLinks of the Company's annual earnings. Debt holders, prospective investors, broker-dealers, or securities analysts who would like to have access to the Integra IntraLinks site, can make their request by e-mailing Integra Telecom at noteholders@integratelecom.com.

About Integra Telecom

Integra Telecom, Inc. provides voice, data and Internet services to thousands of businesses within the metropolitan areas of 11 Western United States including: Arizona, California, Colorado, Idaho, Minnesota, Montana, Nevada, North Dakota, Oregon, Utah and Washington. It owns and operates a best-in-class fiber-optic network comprised of more than 3,000 route miles in 11 metropolitan access networks including approximately 1,500 on-net buildings, a world class Internet and data network, and approximately 5,000-mile high-speed long-haul fiber network. The company has earned some of the highest customer loyalty and customer satisfaction ratings in the telecommunications industry. Equity investors in the company include Goldman, Sachs & Co., Tennenbaum Capital Partners, funds managed by Farallon Capital Partners and Warburg Pincus. Integra Telecom and Electric Lightwave are registered trademarks of Integra Telecom, Inc. For more information, visit: www.integratelecom.com.

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