

PRESS RELEASE

FOR INTEGRA TELECOM



FOR IMMEDIATE RELEASE

MEDIA CONTACTS

John Nee, 503-453-8084, john.nee@integratelecom.com

Melissa Moore, 503-546-7894, melissa@lanep.com

INTEGRA TELECOM SCHEDULES RELEASE OF SECOND QUARTER 2011 EARNINGS TO DEBTHOLDERS FOR AUGUST 10

PORTLAND, Ore., Aug. 5, 2011 – [Integra Telecom, Inc.](http://www.integratelecom.com), will release its 2011 second quarter earnings on IntraLinks to holders of its debt, prospective investors, broker-dealers and securities analysts on Wednesday, Aug. 10.

The company also plans to conduct a quarterly earnings conference call Monday, Aug. 22 at 8 a.m. *PDT* (11 a.m. *EDT*), during which the company will discuss its results. There will be a question-and-answer session following the presentation. Call-in information will be provided on IntraLinks to debt holders at or before the time that the company's annual earnings are posted to IntraLinks.

Debt holders, prospective investors, broker-dealers or securities analysts can request access to the Integra IntraLinks site by e-mailing Integra Telecom at noteholders@integratelecom.com.

About Integra Telecom

Integra Telecom Inc. provides voice, data and Internet communications to thousands of business and carrier customers in 11 Western states, including: Arizona, California, Colorado, Idaho, Minnesota, Montana, Nevada, North Dakota, Oregon, Utah and Washington. The company owns and operates a best-in-class fiber-optic network comprising metropolitan access networks, a nationally acclaimed Internet and data network, and a 5,000-mile high-speed long haul network. The company has earned some of the highest customer loyalty and customer satisfaction ratings in the telecommunications industry. Integra Telecom is a registered trademark of Integra Telecom Inc. For more information, visit www.integratelecom.com.

###

RESPONSIVE. RELIABLE. LOCAL.