

PRESS RELEASE

FOR INTEGRA TELECOM



FOR IMMEDIATE RELEASE



community
matters
AN INTEGRA TELECOM PROGRAM

Investing in the lives of the people we serve.

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INTEGRA TELECOM RAISES MORE THAN \$10,000 AND SERVES AS MAJOR SPONSOR OF HOOD TO COAST

*Competitive Telecom Employees Run/Walk Combined 1,296 Miles,
Raise More Than \$10,000 for American Cancer Society*

Portland, Ore. – Sept. 1, 2011 – The employees of [Integra Telecom Inc.](#), a provider of business-grade networking, communications and cloud solutions, raised more than \$10,000 for the American Cancer Society (ACS) through the company's Community Matters program and participation in the 2011 OfficeMax Hood to Coast and Portland to Coast relays. In total, 75 employees from throughout the company's 11 state service area ran or walked a combined 1,296 miles in support of cancer research and prevention.

"We remain inspired and gratified by the generosity and commitment of our employees who have run, walked and volunteered in America's greatest relay race over the past 11 years," said Tom Casey, CEO of Integra Telecom. "It's an honor to once again be part of the Hood to Coast event and to support the American Cancer Society in its vital effort to eliminate cancer from all people everywhere in our communities."

Integra Telecom was a title sponsor of the Portland to Coast Walk, and a gold sponsor of both the Hood to Coast Relay and the High School Challenge. Employees who participated in the races logged many hours of practice during their lunch hours while at work, including members of the executive team.

[About Community Matters](#)

Community Matters is an Integra Telecom program supporting causes and organizations that promote the health, education and well-being of youth; the improved stability and quality of life within Integra's communities; and the wellness, safety and eradication of disease. Through Community Matters, all full-time Integra employees receive eight hours of paid time off per year to volunteer in their communities.

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About Integra Telecom

Integra Telecom Inc. connects business by providing business grade networking, communications and cloud solutions to thousands of business and carrier customers in 11 Western states, including: Arizona, California, Colorado, Idaho, Minnesota, Montana, Nevada, North Dakota, Oregon, Utah and Washington. The company owns and operates a nationally acclaimed, best-in-class fiber-optic network consisting of a 5,000-mile high-speed long-haul fiber network and a 3,000-mile metropolitan access network including more than 1,600 fiber-fed buildings. The company has earned some of the highest customer loyalty and customer satisfaction ratings in the telecommunications industry. Integra Telecom is a registered trademark of Integra Telecom Inc. For more information, visit www.integratelecom.com.

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